

INSTRUCTIONS FOR NAIRHHA DAY

Bingo!

SQUARE 1

**REGISTER FOR THE
NAIRHHA DAY
VIRTUAL BRIEFING ON
SEPT. 9TH**

This will include an opportunity to learn more about NAIRHHA Day and educate state-level politicians on its importance. This event is happening on September 9th at 4pm. [Register here!](#) And let us know you are coming using [this form](#).

SQUARE 2

**TALK TO A FAMILY
MEMBER OR FRIEND
ABOUT NAIRHHA DAY**

Help spread the word about NAIRHHA Day in your community! Talk about the day with a friend or family member and let us know the date and time you did this and how it went! Use [this form](#) to submit.

SQUARE 3

**HOST A NAIRHHA
DAY EVENT**

Use the [NAIRHHA Day toolkit](#) for event ideas & tips & tricks. Send us pictures of your event using [this form](#)!

SQUARE 4

**POST ABOUT AFRICAN
IMMIGRANT HEALTH ON SOCIAL
MEDIA AND TAG @NAIRRHADAY**

Tag @NAIRHHADay on social media (Facebook, Instagram) in your posts about working to improve the health of African individuals, families, & communities. Send us proof using [this form](#)!

SQUARE 5

**SIGN THE NAIRHHA
DAY PETITION OR
ORGANIZATIONAL
SIGN-ON LETTER**

These tools are crucial for gaining traction for recognition of NAIRHHA Day in the US House of Representatives and Senate. Sign the petition [here](#) and/or the organizational sign-on letter [here](#). And let us know you completed this using [this form](#).

SQUARE 6

**ATTEND THE AUGUST
ALKEBULAN CIRCLE
SESSION**

This will include an opportunity to learn more about PrEP among African immigrant women. This event is happening on August 27th from 3-4:40pm ET. [Register here!](#) Also let us know you registered using [this form](#).

SQUARE 7

**DOWNLOAD THE
NAIRHHA DAY TOOLKIT**

The NAIRHHA Day Toolkit is your resource to commemorate the day with the community and partners. It includes facts, tips, and templates. Let us know what is on page 15 using [the form](#)!

SQUARE 8

**CONTACT YOUR
LOCAL ELECTED
OFFICIAL ABOUT
NAIRHHA DAY**

This can be an email or phone call with a city- or state-level elected official to provide education about the importance of NAIRHHA Day. Let us know the date and time of your correspondence & the official you contacted using [this form](#)!



Complete different activities



Mark off your Bingo card



Fill out the form



Compete for the grand prize!



NAIRHHA DAY

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